

Family SEAL Workshop



Dear Mum/Dad/Carer

You are invited to the family SEAL workshop 'Getting on and falling Out' on Thursday 17th November at 9.15am - 10.15am. During this workshop we will be able to do an activity together.

Love from your child

What is SEAL?

Social Emotional Aspects of Learning

It builds on work already in place in school and focuses on five social and emotional aspects of learning: self-awareness, managing feelings, motivation, empathy and social skills.

SEAL is what so many of you have been waiting for. If young people feel good about themselves, have skills to cope with their lives and get on with each other, with good teaching, they will achieve their potential. SEAL can support us getting there.

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I will be attending the family SEAL workshop on Thursday 17th November.

Parent Name

Child's/children's name/s

Class/classes.....

I would like my other children in Emmanuel to join the workshop. (We will collect the children for you.)

Name/s:.....

Class/classes:.....