

Waterthorpe NI School

At Waterthorpe Nursery Infant School we make the journey for life long learning by all pulling together to:

- Learn and achieve
- Keep safe and happy
- Live healthily and enjoy ourselves

What PE looks like at Waterthorpe NI School

Mrs Danielle Wilson is the PE leader.



Children in Year One and Year Two follow the National Curriculum which is taught through cross curricular themes wherever possible.

We hope this booklet shows you how children learn about PE and some of the content that they cover during their time at Waterthorpe.

Key Content of PE curriculum:

- master basic movements including running, jumping, throwing and catching.
- developing balance, agility and co-ordination, and begin to apply these in a range of
- activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns..

The children will experience PE in a variety of forms these include:

Gymnastics

Games

Athletics

Dance

Swimming

Outdoor and Adventure activities

We promote activity playtimes where the children are engaged in physical activity.

We work closely with Emmanuel Sports leaders engaging children in active playtimes.



We attend Sports Festivals and Competitions through our links with Points Learning Network.



Christmas Sports Festival



Network Games
English Institute
of Sport

We provide an exciting Sports Morning every year lead by the sports leaders from Westfield Secondary School.



We provide a range of after school sports clubs which our children enjoy.



Karate and Football club are just a few examples.



We provide children with opportunities to experience varied sports within the curriculum.



How families can help support children's learning in PE :

- Visiting your local Leisure centre.
- Supporting your local sports team and taking your child to a sporting event.
- Support and praise children to be proud of their sporting achievements.
- Engage with our after school Sports provision

We would welcome any feedback on this booklet. Please write your comments on a piece of paper, along with your child's name and class, and return them to the school office.

Thank you for your continued support.

