



## Getting on and falling out 5

### Getting along in my family

All families have times when they get along well together and times when they tend to fall out. Sometimes we find it hard to make up or even talk about it. Here are some questions to talk about.

When are the times that you get along best?

When are the times that you fall out most?

Sometimes falling out is OK but sometimes it makes everyone upset.

What can you do at the times you fall out most to make everyone feel better?

Dear Parents and Carers

The theme for this half-term's work on developing children's social, emotional and behavioural skills is 'Getting on and falling out'. Over this half term we will be helping the children to learn about and understand friendship and the best ways of learning together.

During this theme it is also Anti-Bullying week, 13<sup>th</sup> - 17th November, where the children's lessons will have a focus on helping them to develop the skills, understanding and confidence to recognise and act when they see or experience bullying.

**Attached to this letter is an activity called 'Getting along in my family' that you could do together with your child. If your child returns the activity to school they will receive a certificate in assembly.**

Suzanne Marriott (SEAL co-ordinator)