

Waterthorpe
Nursery Infant school



Health Education Policy

June 2017

Approved by:

Curriculum Committee

Date:

11th December 2017

Next Review Date:

Autumn 2020

Health Education Policy

Health Education plays an important role in promoting the physical, social and mental well being of pupils. The Government Green Paper 'Every Child Matters' lists 5 outcomes that we aim to achieve. One of these outcomes focuses on **'being healthy: enjoying good physical and mental health and living a healthy lifestyle.'**

At Waterthorpe Nursery Infant School we aim to achieve this through the messages that we give children across the curriculum and the school day. We offer and encourage all children to eat a piece of fruit each day through the '5 a day' free fruit for schools scheme. We talk to children about the importance of exercise and we promote personal hygiene through P.E. lessons and activities. The programmes of study and the Foundation Stage guidance include many aspects of health education. Our topic and assembly themes include specific units about health education and keeping safe.

Through all these aspects of health education children are taught a basic knowledge of health issues and are made aware of their ability to make choices relating to their health. The school is working on the enhanced healthy school cycle.

We also work with parents in promoting and sharing health education issues and items are printed in the newsletter, shared through assemblies or special days/weeks.

The following policies are relevant to the health education of the school and can be cross referenced with this policy

:

1. Medicines in school
2. Education of sick children
3. Asthma
4. Sex education
5. Drugs education
6. Food Policy
7. Physical Activity Policy

Review date: Autumn 2020

Equality Impact Assessment Template

Name of policy or project being assessed?	Date
Health Education	30/06/17

Priority Level	
High	
Medium	
Low	X

Lead Officer: Helen Stokes
Members of the assessment team: Helen Stokes & Suzanne Marriott
Others involved in the assessment (peer review/external challenge): Curriculum Committee members

What are the aims of the policy or project?
To encourage children to live a healthy lifestyle
Who is the intended customer/service user of this project or policy?
Staff and parents
What are the desired outcomes from this project or policy?
To inform how living a healthy lifestyle is encouraged
List any other key policies, procedures, projects or strategies that this policy/project has implications on:
PE, Medicines in school, Education of sick children, sex education, Drugs education, Food policy and asthma

<i>What are the racial, disability and gender equality implications of the policy or project?</i>
N/A

Does the policy or project have any significant positive impact for: <ul style="list-style-type: none"> ▪ Different racial groups ▪ Disabled persons ▪ Men and women ▪ Boys and girls 	No
Does the policy or project have any significant adverse impact for: <ul style="list-style-type: none"> ▪ Different racial groups ▪ Disabled persons ▪ Men and women ▪ Boys and girls 	No
Do you have any evidence?	
Is there any way that you could reduce or eliminate the adverse impact or increase positive impact?	

Action to take:			
If you have indicated there is a negative impact, can it be justified?	YES	<input type="checkbox"/>	NO
If you have indicated there is a negative impact and it cannot be justified, is it discrimination?	YES	<input type="checkbox"/>	NO
If you have answered YES, please list all the changes that you have made to eliminate this discrimination:			
Please state how will you monitor the policy or project?: Policy review (by staff/governors by dates on policy			

Signed (Person completing the form): 	Date: 30/6/17
-----------------------------------------------------------------------------------------------------------------------------	---------------