Waterthorpe NI School

At Waterthorpe Nursery Infant School we make the journey for life long learning by all pulling together to:

- Learn and achieve
- Keep safe and happy
- Live healthily and enjoy ourselves

What PE looks like at Waterthorpe NI School

Miss Wilson is the PE leader.



Children in Year One and Year Two follow the National Curriculum which is taught through cross curricular themes wherever possible.

We hope this booklet shows you how children learn about PE and some of the content that they cover during their time at Waterthorpe.

Key Content of PE curriculum:

- master basic movements including running, jumping, throwing and catching
- developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

The children will experience PE in a variety of forms these include:

Ball skills

Fundamentals

Gymnastics

Dance

Athletics

Games

Team building

We promote active playtimes where the children are engaged in physical activity. The children also engage in 'active afternoons' everyday.



We attend Sports Festivals and Competitions through our links with Points Learning Network.



We provide an exciting Sports Morning every year, led by the sports leaders from Westfield Secondary School.



We provide a range of after school sports clubs which our children enjoy.

Karate, Football, Dance and Gymnastics club are just a few examples.



We provide children with opportunities to move at other times in the day such as in Maths blast. We also do lots of go noodle.



How families can help support children's learning in PE :

- Visiting your local Leisure centre.
- Supporting your local sports team and taking your child to a sporting event.
- Support and praise children to be proud of their sporting achievements.
- Engage with our after school Sports provision

We would welcome any feedback on this booklet. Please write your comments on a piece of paper, along with your child's name and class, and return them to the school office.

Thank you for your continued support.