Year 1: What a Wonderful World

Concepts:
Feelings
Economic Wellbeing

Vocabulary:

angry
happy
nervous
scared
sad calm
surprised
pride
unique
money
work job
spend
choice

Key Knowledge:

End Points: Y1

Know what I am good at.

Know what makes me unhappy or cross.

Know what to do to manage big feelings and to help calm myself down.

Recognise and name some different feelings.

Know that jobs help people to earn money to pay for things.

Health and Wellbeing – Mental Wellbeing
Living in the Wider World – Economic Wellbeing

Definition of RSHE:

RSHE is when we learn how to keep ourselves and others, happy, healthy and safe as well as preparing us for work.



