Concepts:

Keeping Friendships Healthy

Year One: Once Upon A Time

Vocabulary:

Kind, sorry, apologise, difference, different, feelings, thoughts, opinions, perfect,

Include, exclude, leave out, respect, listening, polite, unique

Bullying, physical, emotional, group, disability, minority

Key Knowledge: End Points:

Year 1:

To know what makes a good friend.

To know how to be kind and why being kind is important.

To know some bullying behaviours and how to report it.

To know how to treat themselves and others with respect.

To know that bodies and feelings can be hurt by words and actions; that people can say hurtful things online.

To know some ways to resolve arguments.

Relationships

Friends

Definition of RSHE:

RSHE is when we learn how to keep ourselves and others, happy, healthy and safe as well as preparing us for work.

